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The **AUTO BODY** Monthly

from

D&R AUTO PAINT AND SUPPLY

1607 Avenue I
Council Bluffs, IA 51501
(712) 322-7217

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DeWalt Buffer Special - \$199.95



For a limited time receive a free Dewalt Carrying bag and work gloves

With any purchase of a Dewalt model DW 849 variable speed buffer, you will receive a free Dewalt carrying bag and work gloves. List price on this kit is \$329.00. This is a limited supply special. Once our inventory is gone, the special is over. Call your supplying D&R Auto Paint and Supply location to order your buffer special today.

3M COMPANY

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D&R AUTO PAINT AND SUPPLY

ARE HELPING TO MAKE COMPLIANCE SIMPLE

8th Annual Fit Test

Have your painters and body men had their yearly respiratory fit test done recently? Have they ever had a fit test done? Do you realize the liability of not having your employees fit tested? Did you know that every employee who is required to wear a respirator must have a **Medical Clearance Form** on file at your place of business? These are all questions that most all collision repair facilities have. To add to this, new regulations have been passed recently that put more burden on the shop. Together, 3M Company and D&R Auto Paint and Supply now have a program to help eliminate these burdens.

If your employees need their yearly fit test done, now is the time to let D&R Auto Paint and Supply help you with both the **Medical Clearance** and **Fit Testing**. On Wednesday, August 23rd, beginning at 6:00 P.M., there will be a fit test clinic that will include information on the required medical evaluation form, respirator training, and a fit test. **Please be clean shaven.** Remember that if you have any facial hair in the seal area of the respirator, you will be unable to be fit tested.

This program is designed to get all your fit test compliance issues out of the way at one time, and in one place. If you have any questions, please feel free to call your supplying D&R Auto Paint and Supply location.

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## 8<sup>th</sup> Annual Fit Test Clinic Continued...

### FIT TEST CLINIC:

**Where:** D&R Auto Paint and Supply  
8710 "J" Street, Omaha

**When:** Wednesday, August 23rd, 2006

**Time:** 6:00 P.M.

**Cost:** A new respirator will be provided at the fit test. This will be billed to the individual or shop. There is no charge for the fit test service.

### INSTRUCTIONS:

1. Be Clean Shaven
2. Be Clean Shaven
3. Must have medical evaluation completed.
  - a. Go to [www.3M.com/occsafety/](http://www.3M.com/occsafety/)
  - b. Under products and services, choose "services" which is on the left side and 2<sup>nd</sup> box down. Follow the instructions.
4. Be Clean Shaven

### NOTE:

2. Under OSHA Law, you cannot be fit tested with facial hair!
3. We will ask if you have completed the medical evaluation. If you respond "YES" we will take your word for it. Please know that without the medical evaluation form, the fit test is not valid.
4. No matter how many times we say this, we always have techs come in with facial hair. BE CLEAN SHAVEN THE DAY OF THE TEST! By law, we cannot fit test you with facial hair.

## Do You Print and Distribute This Newsletter To Your Techs?

### Sign Them Up!

Many customers have told us that they distribute the D&R Auto Paint and Supply newsletter to their techs. Thank You! We hope it is a valuable service to your shop. If you would like your techs, managers, office staff, dealer owners, fixed op. managers, or other shop owners to receive the newsletter, simply click on the management site below and fill in the blanks. It's fast, easy, and will be appreciated by your co-workers.

[www.drautopaint.com/newsletter](http://www.drautopaint.com/newsletter)

## 8 SIMPLE RULES OF PERSONAL PROTECTIVE EQUIPMENT



1. Monitor Your Air
2. Determine Use Requirements
3. Have a Written Respiratory Program
4. Employees Must Complete Respirator Medical Evaluations
5. Employees Must Be Fit Tested
6. Employees Must Be Trained on Respirators
7. Evaluate Hearing Protection Needs
8. Evaluate Eye and Face Protection Needs

**1. Air Monitoring** – OSHA 1910.134(d) states: "The employer shall identify and evaluate the respiratory hazard(s) in the workplace; this evaluation shall include a reasonable estimate of employee exposures to respiratory hazard(s) and an identification of the contaminant's chemical state and physical form."

American Industrial Hygiene Association (AIHA) maintains a list of industrial hygienists who contract to do air monitoring ([www.aiha.org](http://www.aiha.org)). In addition, OSHA offers a free consultation program. Information is available at: [osha.gov/dcsp/smallbusiness/consult.html](http://osha.gov/dcsp/smallbusiness/consult.html). You can also contact 3M Technical Service at **1-800-243-4630** to find out more about air monitoring solutions.

**2. Voluntary Use** – Do your employees qualify for voluntary use? Employees qualify for voluntary use if exposures in the work area are below the OSHA Permissible Exposure Limit (PEL). OSHA 1910.134(c) states: "An employer may provide respirators at the request of employees or permit employees to use their own respirators, if the employer determines that such respirator use will not in itself create a hazard. If the employer determines that any voluntary respirator use is permissible, the employer shall provide the respirator users with the information contained in Appendix D to this section." Appendix D can be found on the 3M web site, at [www.3M.com/occsafety](http://www.3M.com/occsafety).

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Words To Live By:

"Blessed is the man who, having nothing to say, abstains from giving his words evidence of the fact."

- GEORGE ELIOT

8 SIMPLE RULES OF PERSONAL PROTECTIVE EQUIPMENT



3. Written Respiratory Program – A written program is required for mandatory use and recommended for voluntary use. OSHA 1910.134(c) states: “In any workplace where respirators are necessary to protect the health of the employee or whenever respirators are required by the employer, the employer shall establish and implement a written respiratory protection program with worksite-specific procedures.” To set up a written program, call 3M at 1-800-243-4630 for a FREE “Fill-in-the-Blank” Program or visit our web site at www.3M.com/occsafety to download.

4. Respirator Medical Evaluations – Respirator medical evaluation is required for mandatory use or voluntary use of elastomeric facepieces, and recommended for voluntary use of filtering facepieces. OSHA 1910.134(e) states: “The employer shall provide a medical evaluation to determine the employee's ability to use a respirator, before the employee is fit tested or required to use the respirator in the workplace.” 3M offers an On-line and Mail-in respirator medical evaluation good for users of all brands and types of respirators. It is available in English or Spanish. Call 1-800-243-4630 for more information or go on-line to www.respexam.com.

5. Fit Testing – Fit testing of respirators is required for mandatory use and recommended for voluntary use. OSHA 1910.134(f) states: “The employer shall ensure that an employee using a tight-fitting facepiece respirator is fit tested prior to initial use of the respirator, whenever a different respirator facepiece (size, style, model or make) is used, and at least annually thereafter.” If your employees have not been fit tested, 3M produces and sells a Fit Test Kit, available through distribution (Product Numbers FT-10, FT-20 and FT-30).

6. Training – Training is required for mandatory use and recommended for voluntary use of respirators. OSHA 1910.134(k) states:

“This paragraph requires the employer to provide effective training to employees who are required to use respirators. The training must be comprehensive, understandable, and recur annually, and more often if necessary.” 3M provides e-Training options on-line that meet OSHA requirements for disposable, reusable and some powered air purifying respirator systems. Go to www.respexam.com for more information or to order.

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**7. Hearing Protection** – Do you need a Hearing Conservation Program?

A Hearing Conservation Program consists of:

1. Noise Monitoring and Employee Notification
2. Proper Selection of Hearing Protection Devices
3. Training and Fitting of Hearing Protection Devices
4. Audiometric Testing and Employee Notification

Noise monitoring can be performed by a consultant. Check the AIHA Website for a consultant in your area: [www.aiha.org](http://www.aiha.org). If you exceed 85 decibels contact your 3M Sales Representative or call **1-800-243-4630** for information on 3M Hearing Protection and Audiometric Testing Services.

**8. Eye and Face Protection** – OSHA 1910.133(a) states: “The employer shall ensure that each affected employee uses appropriate eye or face protection when exposed to eye or face hazards from flying particles, molten metal, liquid chemicals, acids or caustic liquids, chemical gases or vapors, or potentially injurious light radiation.” Protective eye and face devices must meet or exceed the requirements of ANSI Z87.1-1989, “American National Standard Practice for Occupational and Educational Eye and Face Protection.” The current standard is ANSI Z87.1-2003. 3M offers a wide variety of products that meet standards.

Note: This synopsis of OSHA requirements is only a brief summary of the regulations and does not include all requirements. For complete copies of the standards go to [www.osha.gov](http://www.osha.gov) or call 3M Technical Service at **1-800-243-4630** for more information.

